

Sealdah - Jammu Tawi Humsafar Express/22317 - Hms - ER

BSB/Varanasi Junction to LKO/Lucknow Charbagh NR

5h 45m - 283 km - 0 halts - Departs Tue

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|---|---------|-----|-------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | SDAH | Sealdah | | | 13:10 | | | 12 | 1 | 0 | 73 | 11 | ER |
| 2 | ASN | Asansol Junction | 16:05 | | 16:07 | | 2m | 4 | 1 | 208 | 56 | 106 | ER |
| 3 | DHN | Dhanbad Junction | 17:10 | | 17:15 | | 5m | 3 | 1 | 266 | 73 | 232 | ECR |
| 4 | GAYA | Gaya Junction | 20:00 | | 20:05 | | 5m | 1 | 1 | 467 | 79 | 109 | ECR |
| 5 | DDU | Pt. DD Upadhyaya Junction (Mughalsarai) | 22:40 | | 22:50 | | 10m | 6 | 1 | 672 | 14 | 79 | ECR |
| 6 | BSB | Varanasi Junction | 00:10 | | 00:20 | | 10m | 5 | 2 | 690 | 49 | 77 | NR |
| 7 | LKO | Lucknow Charbagh NR | 06:05 | | 06:15 | | 10m | 5 | 2 | 972 | 68 | 124 | NR |
| 8 | BE | Bareilly Junction | 09:42 | | 09:44 | | 2m | 2 | 2 | 1207 | 60 | 169 | NR |
| 9 | MB | Moradabad Junction | 11:15 | | 11:23 | | 8m | 3,4 | 2 | 1298 | 53 | 193 | NR |
| 10 | SRE | Saharanpur Junction | 15:00 | | 15:10 | | 10m | 5,6 | 2 | 1491 | 65 | 275 | NR |
| 11 | UMB | Ambala Cantt. Junction | 16:25 | | 16:40 | | 15m | 2 | 2 | 1572 | 84 | 273 | NR |
| 12 | LDH | Ludhiana Junction | 18:06 | | 18:14 | | 8m | 2 | 2 | 1685 | 51 | 257 | NR |
| 13 | JAT | Jammu Tawi | 23:25 | | | | | 2 | 2 | 1950 | - | 344 | NR |