

Ernakulam - Banaswadi SF Express (PT)/22607 - SF - SR

PGT/Palakkad Junction (Palghat) to BAND/Banaswadi

8h 20m - 455 km - 7 halts - Departs Sun

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|-------------|------------------------------------|--------------|-----|--------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | ERS | Ernakulam Junction (South) | | | 16:50 | | | 0 | 1 | 0 | 58 | 1 | SR |
| 2 | AWY | Aluva (Alwaye) | 17:10 | | 17:12 | | 2m | 0 | 1 | 19 | 55 | 14 | SR |
| 3 | TCR | Thrissur (Trichur) | 18:11 | | 18:13 | | 2m | 2 | 1 | 74 | 52 | 3 | SR |
| 4 | OTP | Ottappalam | 19:04 | | 19:05 | | 1m | 0 | 1 | 118 | 70 | 33 | SR |
| 5 | PGT | Palakkad Junction (Palghat) | 19:32 | | 19:35 | | 3m | 0 | 1 | 149 | 36 | 78 | SR |
| 6 | PTJ | Podanur Junction | 20:58 | | 21:00 | | 2m | 0 | 1 | 199 | 69 | 397 | SR |
| 7 | TUP | Tiruppur | 21:38 | | 21:40 | | 2m | 0 | 1 | 243 | 75 | 306 | SR |
| 8 | ED | Erode Junction | 22:20 | | 22:25 | | 5m | 0 | 1 | 293 | 63 | 171 | SR |
| 9 | SA | Salem Junction | 23:22 | | 23:25 | | 3m | 0 | 1 | 353 | 72 | 280 | SR |
| 10 | TPT | Tirupattur | 00:59 | | 01:00 | | 1m | 0 | 2 | 466 | 48 | 392 | SR |
| 11 | BWT | Bangarapet Junction | 02:35 | | 02:36 | | 1m | 0 | 2 | 542 | 64 | 810 | SWR |
| 12 | KJM | Krishnarajapuram | 03:29 | | 03:30 | | 1m | 0 | 2 | 598 | 15 | 904 | SWR |
| 13 | BAND | Banaswadi | 03:55 | | | | | 0 | 2 | 604 | - | 906 | SWR |